



**TWISTBAR
& BISTRO**

Mon. – Sat., 12.30pm – 5pm
Sun. 3.30pm – 5pm

STARTERS

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| Homemade Soup of The Day 7, 9
Served with brown bread 1, 3, 7 | €5.50 | Twist Spicy Chicken Wings €9.50
House sauce with a little kick, Cashel blue cheese dip, crispy celery bites 3, 6, 7, 10, 11, 12 |
| Union Hall Creamy Seafood Chowder €8.25
Served with home baked Guinness bread 2, 4, 7, 14 | | Oak Chipped Smoked Irish Salmon €11.50
Lemon aioli, caper berries, sweet red onion, brown bread 1, 3, 4, 7, 10 |

SALADS & SANDWICHES

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| Chicken Caesar Wrap €8.50
Shannon Vale chicken, baby gem, grilled prosciutto, focaccia croutons, a light Caesar dressing topped with parmesan shavings. Served hot or cold 1, 3, 4, 6, 7, 9, 10, 12 | | Caesar Salad €11.50
Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings 1, 3, 4, 7, 9, 10, 11, 12 |
| Twist Toasted Special €9.75
Timoleague ham, Bandon Vale cheddar, onion relish, crunchy batch bread, salad garnish, hand cut chunky chips, house dip 1, 3, 6, 7, 10, 12 | | Superfood Salad €13.50
Mixed leaves, pomegranate, beetroot, nutritional yeast, apple, roasted seeds, with a honey & mustard vinaigrette & balsamic glaze 9, 11 |
| Chargrilled Chicken Focaccia €7.50
Thai lemon chicken with roasted courgettes, bell peppers, sweet chilli mayonnaise 1, 3, 6, 7, 10, 12 | | |

SOMETHING SUBSTANTIAL

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| Crispy Fried Union Hall Haddock €16.00
Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1, 3, 4, 7, 9, 10, 12 | | Creamy Wild Mushroom & Spinach Tagliatelle €14.50
Served with garlic bread
Add Chicken 1, 8, 11, 7 €2.00 |
| Chargrilled Hereford Prime Burger €14.50
Served with smoked bacon, aged cheddar, crisp leaves, chunky chips and house relish 1, 3, 7, 9, 10, 12 | | Chef's Seasonal Special
Please ask your server |
| | | Catch of the Day
Please ask your server |

SIDES

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|---------------------------------------|--|
| Champ potato 7, 12 €3.50 | Hand cut chunky chips 1, 12 €3.75 |
| Sweet potato fries 1, 12 €4.00 | Dressed green leaves €3.75 |

DESSERT MENU

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| Warm Apple & Seasonal Berry Crumble €6.00
Vanilla bean anglaise, honeycomb ice-cream 1, 3, 7, 12 | Raspberry and Vanilla Crème Brûlée €6.00
Vanilla and raspberry custard topped with caramelised brown sugar 3, 7 |
| Double Chocolate Fudge Cake €6.00
Cremona dairy cream, seasonal berry compote 6, 7, 8, 12 | |

ALLERGEN INFORMATION

1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy
8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

Lunch Menu



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