

Executive Head Chef:
Cristian Piontcovschi

LUNCH



MENU

Mon. - Sat., 12.30pm - 5pm
Sun. 3.30pm - 5pm

TWISTBAR
& BISTRO

STARTERS

Homemade Soup of The Day 7,9

Served with brown bread 1,3,7

€5.50

Union Hall Creamy Seafood Chowder 2,4,7,14

Served with home baked Guinness bread 1,3,7

€8.25

Twist Spicy Chicken Wings

House sauce with a little kick, Cashel blue cheese dip, crispy celery bites 1,3,7,9,12

€9.50

Oak Chipped Smoked Irish Salmon

Lemon aioli, caper berries, sweet red onion, brown bread 1,3,4,7,10

€11.50

SALADS & SANDWICHES

Chicken Caesar Wrap

Shannon Vale chicken, baby gem, grilled prosciutto, focaccia croutons, a light Caesar dressing topped with parmesan shavings 1,3,4,6,7,9,10,12

Served hot or cold

€8.50

Add cajun chicken €2.00

Twist Toasted Special

Timoleague ham, Bandon Vale cheddar, onion relish, crunchy batch bread, salad garnish, hand cut chunky chips, house dip 1,3,6,7,10,12

€9.75

Chargrilled Chicken Focaccia

Thai lemon chicken with roasted courgettes, bell peppers, sweet chilli mayonnaise 1,3,6,7,10,12

€7.50

Caesar Salad

Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings 1,3,4,7,9,10,11,12

€11.50

Superfood Salad

Mixed leaves, pomegranate, beetroot, nutritional yeast, apple, roasted seeds, with a honey & mustard vinaigrette, balsamic glaze 9,11

€13.50

SOMETHING SUBSTANTIAL

Crispy Fried Union Hall Haddock

Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1,3,4,7,9,10,12

€16.00

Irish Hereford Prime Beef Burger

Bandon vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip.

Gluten free adaptable. 1,3,7,9,10,12

€17.00

Creamy Wild Mushroom & Spinach Tagliatelle

€14.50

Add Chicken 1,8,11,7 €2.00

Chef's Seasonal Special

Please ask your server

Catch of the Day

Please ask your server

SIDES

Creamy champ potato 7,12

€3.50

Sweet potato fries 1

€4.00

Hand cut chunky chips 1

€3.75

Dressed green leaves

€3.75

Fresh market vegetables

€3.50

DESSERT MENU

Warm Apple & Seasonal Berry Crumble

Sauce anglaise, vanilla bean ice-cream

1,3,7,12

€6.00

Double Chocolate Fudge Cake

Cremona dairy cream, seasonal berry compote

6,7,8,12

€6.00

Raspberry and Vanilla Crème Brûlée

Vanilla and raspberry custard topped with caramelised brown sugar 3,7

€6.00

ALLERGEN INFORMATION: 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

Lunch Menu



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